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# Final Regulation Agency Background Document

Agency name	Board of Nursing, Department of Health Professions
Virginia Administrative Code (VAC) citation	18VAC90-25-10 et seq.
Regulation title	Regulations Governing the Certification of Nurse Aides
Action title	Periodic review changes
Document preparation date	3/20/07

This information is required for executive branch review and the Virginia Registrar of Regulations, pursuant to the Virginia Administrative Process Act (APA), Executive Orders 21 (2002) and 58 (1999), and the *Virginia Register Form, Style, and Procedure Manual.* 

## Brief summary

Please provide a brief summary (no more than 2 short paragraphs) of the proposed new regulation, proposed amendments to the existing regulation, or the regulation proposed to be repealed. Alert the reader to all substantive matters or changes. If applicable, generally describe the existing regulation.

As a result of a review of requirements for the nurse aide program, the Board has proposed a number of amendments that clarify the intent and/or language in the regulation. There are a few substantive changes, including: 1) the addition of a program change (physical location) that would need to be reported to the Board within 10 days; 2) a reduction from 24 to 16 in the number of core curriculum hours that must be completed before a student can have direct client contact; and 3) additions to the grounds for unprofessional conduct to include providing false information to staff or board members in the course of an investigation or proceeding. A new rule that a certificate holder can only petition the Board one time for removal of a finding of neglect is a re-statement of a current guidance document and has been the policy of the Board.

## Statement of final agency action

Please provide a statement of the final action taken by the agency including (1) the date the action was taken, (2) the name of the agency taking the action, and (3) the title of the regulation.

On March 20, 2007, the Board of Nursing adopted final amendments to 18VAC90-25-10 et seq., Regulations Governing the Certification of Nurse Aides, pursuant to recommendations from a periodic review.

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# Legal basis

Please identify the state and/or federal legal authority to promulgate this proposed regulation, including (1) the most relevant law and/or regulation, including Code of Virginia citation and General Assembly chapter numbers, if applicable, and (2) promulgating entity, i.e., agency, board, or person. Describe the legal authority and the extent to which the authority is mandatory or discretionary.

18VAC90-25-10 et seq., Regulations Governing the Certification of Nurse Aides are promulgated under the general authority of Chapter 24 of Title 54.1 of the Code of Virginia. Section 54.1-2400 (6), which provides the Board of Nursing the authority to promulgate regulations to administer the regulatory system:

§ 54.1-2400 -General powers and duties of health regulatory boards The general powers and duties of health regulatory boards shall be:

..

6. To promulgate regulations in accordance with the Administrative Process Act (§ 9-6.14:1 et seq.) which are reasonable and necessary to administer effectively the regulatory system. Such regulations shall not conflict with the purposes and intent of this chapter or of Chapter 1 (§ 54.1-100 et seq.) and Chapter 25 (§ 54.1-2500 et seq.) of this title. ...

The specific authorization to promulgate regulations for registration and certification of nurse aides is found in the Nurse Practice Act in the following sections:

- § 54.1-3005. Specific powers and duties of Board.
- 2. To approve programs that meet the requirements of this chapter and of the Board;...
- 8. To certify and maintain a registry of all certified nurse aides and to promulgate regulations consistent with federal law and regulation. The Board shall require all schools to demonstrate their compliance with § 54.1-3006.2 upon application for approval or reapproval, during an onsite visit, or in response to a complaint or a report of noncompliance. The Board may impose a fee pursuant to § 54.1-2401 for any violation thereof. Such regulations may include standards for the authority of licensed practical nurses to teach nurse aides; ...

## Purpose

Please explain the need for the new or amended regulation. Describe the rationale or justification of the proposed regulatory action. Detail the specific reasons it is essential to protect the health, safety or welfare of citizens. Discuss the goals of the proposal and the problems the proposal is intended to solve.

The primary purpose of the action is to resolve several issues with compliance and enforcement of the regulations where they are not as clearly stated as they could be. Staff of the Board of Nursing identified those rules that have been problematic or have raised questions from educational program coordinators, program site visitors, or the certified nurse aides themselves. The goal of the proposal is to address those areas of ambiguity in order to encourage compliance with the intent and purpose of the regulation, which is to educate nurse aides and ensure minimal competency to work with a vulnerable population of elderly clients in a manner that protects their health and safety.

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## Substance

Please identify and explain the new substantive provisions, the substantive changes to existing sections, or both where appropriate. A more detailed discussion is required under the "All changes made in this regulatory action" section.

The substantive changes include: 1) the addition of a program change (physical location) that would need to be reported to the Board within 10 days; 2) a reduction from 24 to 16 in the number of core curriculum hours that must be completed before a student can have direct client contact; and 3) additions to the grounds for unprofessional conduct to include providing false information to staff or board members in the course of an investigation or proceeding. A new rule that a certificate holder can only petition the Board one time for removal of a finding of neglect is a re-statement of a current guidance document adopted in 1998 and revised in 2003 (90-32) and has been the policy of the Board.

#### **Issues**

Please identify the issues associated with the proposed regulatory action, including:

- 1) the primary advantages and disadvantages to the public, such as individual private citizens or businesses, of implementing the new or amended provisions;
- 2) the primary advantages and disadvantages to the agency or the Commonwealth; and
- 3) other pertinent matters of interest to the regulated community, government officials, and the public. If there are no disadvantages to the public or the Commonwealth, please indicate.
- 1) The primary advantage to the public is the assurance that aides who work with clients in long term care facilities will be adequately trained and deemed competent by completion of an educational program and competency examination. In addition, there must accountability for the work and behaviors of aides who must practice under standards set by the Board or face possible disciplinary action. The changes to regulation are intended to make the standards more clear for educational programs and individual aides. There are no disadvantages of the regulations.
- 2) Clarification and additional specificity should improve enforceability and reduce some confusion or questions about the intent of some requirements, resulting in greater efficiency for the agency.
- 3) There are no other pertinent issues.

# Changes made since the proposed stage

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Please describe all changes made to the text of the proposed regulation since the publication of the proposed stage. For the Registrar's office, please put an asterisk next to any substantive changes.

There were no changes made in the adoption of the final regulation.

## Public comment

Please summarize all comments received during the public comment period following the publication of the proposed stage, and provide the agency response. If no comment was received, please so indicate.

Proposed regulations were published in the Virginia Register of Regulations on October 16, 2006. Public comment was requested for a 60-day period ending December 15, 2006. A Public Hearing before the Board was held on November 14, 2006. No public comment was received.

## All changes made in this regulatory action

Please detail all changes that are being proposed and the consequences of the proposed changes. Detail new provisions and/or all changes to existing sections.

Current section number	Proposed new section number, if applicable	Current requirement	Proposed change and rationale
15	n/a	Requires CNA to wear identification that clearly indicates the person's name and appropriate title under which he is practicing while providing direct patient care.	Adds that the identification must be clearly visible.  Necessary to clarify the intent of the Board is for the patient/client to be able to know who is providing care and the level of their license or certification. Some persons have been wearing identification tags turned over or in pockets.
20	n/a	Requires a program to report all substantive program changes within 10 days	Adds a change in the physical location of the program as a substantive change.  Necessary for the Board to be able to track and evaluate programs that are approved for nurse aide education. A change in the location of the program would be a substantive change for accountability to students and the Board.
30	n/a	A. Establishes requirements for the program coordinator. B. Establishes requirements for the primary instructor.	Includes a registered nurse practicing with a current Virginia license or a multistate licensure privilege to the requirement for a coordinator or primary instructor.  Necessary to clarify that the RN has to have a current, unrestricted license or

			multi-state privilege. Is not a new requirement for programs but has not been
			specifically stated.
40	n/a	Requires 24 hours of core	Reduces requirement to 16 hours in core
		curriculum before a nurse aide	curriculum.
		student can have direct client	16 hours was required prior to direct client
		contact	contact but it was increased to 24 hours
			when the overall curriculum was changed
			from 80 to 120 hours. Programs do not
			believe the additional 8 hours in the initial
			curriculum is necessary and would prefer
			to have additional time with students in the
			other learning areas. The amended
			regulation will continue to require 24
			hours of instruction before a student can
			provide direct client care, but only 16 of
			those hours will have to include subjects in
			the core curriculum.
50	n/a	Requires a student to receive a	Specifies that the program is obligated to
		copy of his record and a	provide the record and certificate.
		certificate of completion of a	Amended to clarify some confusion about
		program.	responsibility for providing certain
			documents to each student who completed
			a program.
60	n/a	Requires a site visit every two	A. Specifies that the board can review a
		years and sets out the process for	program at any time it deemed necessary to
		continued approval of programs.	ensure continued compliance.
			Necessary to ensure that programs are
			aware that a site visit may be authorized
			whenever there are issues or questions
			about a program's compliance with Board
			requirements.
			B. A new subsection is created to more
			clearly specify that the Committee has
			authority to recommend conditional
			approval with terms or to refer a recommendation of denial to the board or a
			panel of the board.  The current structure of subsection A does
			not clearly lay out the process and
			authority of the Committee to make
			recommendations on program approval.
			Changes are proposed for clarity.
70	n/a	Requires persons who have	Changes the terminology to requiring
, 0	11/4	completed a nurse aide education	completion of the competency evaluation
		program to complete the	prior to being certified.
		competency evaluation prior to	Rewording necessary to correctly express
		making application for	the intent of this regulation. There is no
		certification to the Board.	application for certification separate from
		confidence to the Bould.	the application to the testing company to

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			take the competency evaluation.
70 C	71	Subsection C sets out the requirements for initial certification by examination and endorsement.	Subsection C was added to clarify and inform the regulants that initial certification is for two years.  Subsection C is restated as new section 71 to make the requirements easier to find in the regulation.  It also refers to a fee for initial certification by exam, but there is no fee (it is actually prohibited by federal law/regs). There is an application and fee to test for certification paid to testing company, to that has been clarified in the regulation by adding the word "testing."
70C	72	Subsection C sets out the requirements for initial certification by examination and endorsement.	The Board proposes to separate initial certification by examination and initial certification by endorsement; the requirements for endorsement are not clearly set out and difficult to find.  In the endorsement section, the proposed amendment would add language consistent with the board's current policy in practice, which is that an applicant for certification by endorsement must have satisfactorily completed a state approved nurse aide education program that meets federal requirements (as defined in 54.1-3024(1) as certification in a state with requirements that are essentially similar to Virginia certification requirements).
80B	n/a	Sets out the requirements for reinstatement of certification	Changes are grammatical and not substantive.
80C	81	Subsection C establishes the conditions for petitioning the board for removal of a finding of neglect.	Currently subsection (C), involving petitioning for removal of finding of neglect is tied to reinstatement/renewal, but it is not limited to that situation. A CNA can have a finding of neglect while holding a current certificate and can petition for removal after one year. The policy is currently stated in guidance document (90-32), but needs to be set out in regulation.  The new section also specifies that a C.N.A. can only petition for removal once, as stated in Board policy and practice in

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			guidance document 90-32.
100	n/a	Sets out the grounds for a finding of unprofessional conduct in taking disciplinary action.	In subdivision i, a violation of professional boundaries would include taking advantage of a client's family as well as the client.
			The Board has also added a provision on unprofessional conduct as a basis for disciplinary action – providing false information to an investigator, staff or member of the Board during the course of an investigation or proceeding.
110	n/a	Sets out the requirements for certification as an advanced certified nurse aide.	Necessary to clarify that an applicant must attest that he has never had finding of abuse, neglect or misappropriation of patient property by any state, not just in Virginia as the current regulation suggests.
120	n/a	Sets out the requirements for renewal and reinstatement of certification as an advanced certified nurse aide.	The current regulation does not state clearly the original intent, which was that an aide must renew/maintain his current basic certification as a nurse aide in order to renew the advanced certification.  The Board has also removed the
			requirement that continuing education be verified by the employer on the renewal form, in light of similar changes recently made in renewal process for basic C.N.A. (removing independent signature of employer for verification of meeting work requirement) and implementing online renewal for advanced C.N.A.s.
130	n/a	Requires a student to receive a copy of his record and a certificate of completion of an advanced nurse aide program.	Specifies that the program is obligated to provide the record and certificate.  Amended to clarify some confusion about responsibility for providing certain documents to each student who completed a program.

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# Family impact

Please assess the impact of the proposed regulatory action on the institution of the family and family stability.

The Board has assessed the impact of the proposed regulatory action and does not believe there will be any impact on the family or family stability.

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